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JANUARY 2024 NEWSLETTER

President's Message

I hope you and yours had a wonderful time during the holiday period. It's great to see everyone back at the pool or at the beach and I wish you the best of luck in achieving your swimming goals in 2024.

It's been a very busy period for the club! We celebrated another great year at our annual Xmas Party on 21 December and have just hosted a very successful State OWS Championships at Somerton on Sunday. As always it is the efforts of our members as volunteers and your participation that make these events so successful! Thanks for your continuing support.

Membership

The club is pleased to welcome **Bernice Cowan** as a new member and **Stewart Galliford** (our coach!), **Carlos Hurtado** and **Craig Smith** (our former President) as 2nd Claim members.

If you have not already done so, PLEASE renew your membership for 2024 asap! The MSA insurance coverage included in the fee is required to train with us. Log in to **Swim Central** <https://swimcentral.swimming.org.au/> and go to "Store" to locate the membership. If you have any questions about memberships or Swim Central, please do not hesitate to contact Vicki Day (vickiday626@gmail.com).

Club Training

stepping in on late notice as coaches and to **Wayne Carruthers** for organising the water cover.

If you have any issues or suggestions related to coaching and our training programs please forward them to our **Coaching** Coordinator, **Mark**

Trenwith at Mark.Trenwith@outlook.com or 0408 262 540.



Marion Marlins Team Photo State Masters Open Water Swim Championships
14 January 2024

Marion OWS (State Masters Open Water Swim Championships)

Our club hosted the 13th annual State Championships at Somerton on Sunday. It was a very successful event with a total of 163 entries (just short of the record), including 40 Marlins. Despite the threat of strong winds, the conditions were excellent with relatively calm, clear water. Feedback from participants was unanimously positive. Some excellent results were achieved by our members including many who placed in the top three in their age group. **Ian Young** and **Ace Lewis** were 2nd and 3rd males overall in the 1km event.

Many thanks to **Ben Warr**, our OWS Coordinator, and all the members who assisted on the day. Please visit our Facebook page for more info and photos. [Marion Marlins Masters Swimming Club SA | Facebook](#)



Marion Marlins who competed at the Proclamation Classic on 28 December 2023

Competitions

The pool event at **Woodside** on 10 December was cancelled due to inclement weather. The next event is a long course meet at **Strathalbyn** on 25 February, with entries closing on 9 February. This is a fun meet in a lovely park like setting. Enter here: [Events \(swimming.org.au\)](https://events.swimming.org.au).

The **2023-24 Open Water Swim Series** is now well underway with events at **Seacliff**, **Glenelg (Proclamation Classic)** and **Somerton (our State Championships)** having been held. Up next is the **Jetty to Jetty**, the biggest event on the calendar. Entries for this event close on Monday 22 January [Jetty to Jetty Long Swim 2024 | Event registration | Webscorer](#). Thanks to **Max Yates** and his team who will handling registrations at this event.

If you have any questions please contact one of our Club Captains:

Gavin Rowell - 0416 638 248, gavin.rowell@adelaide.edu.au

Deb Wareing – 0432 711 359, deb.wareing@gmail.com

Social

Our annual **Xmas “Party”** and **Presentations** was held at MOP on 21 December and was attended by over 60 members and their family. Despite the rather cool weather it was a very enjoyable evening as we helped celebrate another very

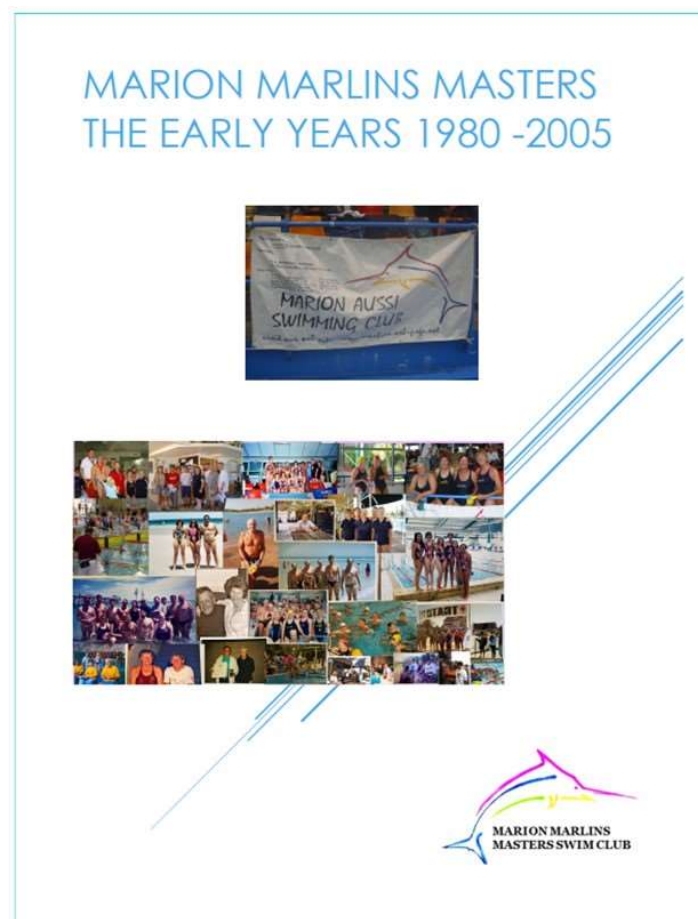
- **Anne Loader:** The "Newbie" Award for overcoming her fears and having a go.
- **Maggie Evans:** The "Gutsy" Award for always showing up (training and comp) and giving it her all
- **John Van Loggen:** The "Larrikin" Award, particularly during stretching
- **Ben Warr:** The "Awesome" Award for achieving his sub 1 minute goal for the 100 Free!

Thanks to Meredith Ryan, Ace Lewis and Ben Warr for organising the event.

Club History

Our club History project has been completed and the final document, entitled **Marion Marlins Masters – The Early Years 1980-2005** has been loaded onto our website, [Microsoft Word - Marion Marlins History Document. Final_DEC23.docx](#) (marionmasters.org). Enjoy reading about how the club came to be and all the achievements of members during this early period. A big thanks to **Meredith Taylor** for collating all the information, **Vicki Day** for formatting the document and to members who supplied images and information. This was a very large undertaking!

If any current or past members spot any errors or have additional information they would like to have added, please contact Vicki Day (vickiday626@gmail.com). Hopefully we can eventually prepare a report on the last 20 years



Club (Named) Caps

Our supplier now requires a minimum of two caps for each name. Members that have ordered caps are therefore required to pay a total of \$20 into the club account. Once all payments have been received the order will be placed, hopefully within the next week.

Women's Club Bathers

If you are interested in purchasing some club bathers please contact either: Deb Wareing (deb.wareing@gmail.com) or Kate Brereton (kate.brereton22@gmail.com) for additional information.

Club T Shirts

We still have quite a few club T-shirts of various sizes available so if you would like one (or another one) have a word with Ben. Payment (\$10) by cash or by deposit to the club bank account. Please email or call **Ben Warr** if you have any questions. Marionopenwaterswim@gmail.com or 0420 961 702

POOL COMPETITIONS – MARK YOUR DIARIES!



2024 State Pool Meets

Swim 2 – Long Course
Swim 3 – Short Course

Strathalbyn Pool, 25 February 2024
Woodside Pool, 17 March 2024

2024 National & International Pool Meets

FINA World Masters Championships
Australian Masters National Championships
Alice Springs Masters Games
Pan Pacific Masters Games

Doha, Qatar, 23 Feb- 3 March 2024
Darwin 3-7 May 2024
Alice Springs, 12-19 October 2024
Gold Coast, 1-10 November 2024

OPEN WATER COMPETITIONS – MARK YOUR DIARIES!

2024 Open Water Swim Dates

• Jetty to Jetty	Henley to Grange	26 January 2024
• Brighton Jetty Classic	Brighton SLSC	4 February 2024
• Pink & Blue Swim (Fundraiser)	West Beach SLSC	10 February 2024
• Henley Beach Swim	Henley Beach	18 February 2024
• Port Elliot Swim	Port Elliot	2 March 2024
• Noarlunga Reef	Port Noarlunga Jetty	11 March 2024





MARION OUTDOOR POOL TRAINING SCHEDULE

Monday	9.00 – 10.00am
Tuesday	18.00 – 19.30pm
Thursday	9.00 – 10.00am
Thursday	18.00 – 19.30pm
Saturday	8.30 – 10.00am

Committee

Committee	
President	Ian Young
Vice-President	Marc Loader
Treasurer	Ace Lewis
Secretary	George Crowder
Registrar	Vicki Day
Coaching Coordinator	Mark Trenwith
Safety Officer	Tony Fowler
Club Co-Captain	Gavin Rowell
Club Co-Captain	Deb Wareing
OWS Coordinator	Ben Warr
Social Coordinator	Meredith Ryan
Member Protection Officer	Michael Perkins
Webmaster (Acting)	Gavin Rowell
Recorder	Maryanne Heffernan
Newsletter	Vicki Day



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secretary@marionmasters.org

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